

INTERMEDIATE EXAMINATION 2016 (ANNUAL)

9:30 a.m. to 9:50 a.m.

(Home Economics Group)

Time: 20 minutes

The correct answers are highlighted in red colour.

(MULTIPLE CHOICE QUESTIONS) – (M.C.Qs.)

Code :FN-13

Write this Code No. in Answerscript.

NOTE:

- i) This section consists of 20 part questions and all are to be answered. Each question carries $\frac{1}{2}$ mark.

ii) Do not copy the part question in your answer script. Write only the answer in full against the proper of the question and its part.

iii) The Code of your question paper must be mentioned **in bold letters** in the beginning of your answer script.

1. Choose the correct answer for each from the given options:

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|--------|---|-------------------------|---------------------------|-------------------------|---------------------------|
| i) | The temperature of domestic refrigerator should be kept below: | * $7^{\circ}C$ | * $10^{\circ}C$ | * $18^{\circ}C$ | * $12^{\circ}C$ |
| ii) | 2 Kilogram is equal to: | * 4.8 lbs | * 5 lbs | * 5.4 lbs | * 4.4 lbs |
| iii) | Fat is dispersed into minute globules through this process: | * Emulsification | * Hydrogenation | * Decomposition | * Oxidation |
| iv) | 1 cup is equal to: | * 255 ml | * 260 ml | * 240ml | * 230ml |
| v) | This is a rich source of cholesterol: | * Fish | * Chicken | * Milk | * Egg yolk |
| vi) | This has a very important role in carbohydrate metabolism: | * Thiamine | * Pyridoxine | * Choline | * Vitamin B ₁₂ |
| vii) | Gluten is present in: | * Rice | * Oats | * Wheat | * Bran |
| viii) | Vitamin D is essential for the absorption of: | * Iron | * Phosphorus | * Calcium | * Iodine |
| ix) | These fatty acids have more than two double bonds: | * Mono-unsaturated | * Poly-unsaturated | * Saturated | * |
| x) | The basic unit of Protein is: | * Amino acid | * Ascorbic acid | * Fatty acid | * Folic acid |
| xi) | Vitamin B complex is: | * Water soluble | | * Fat soluble | |
| | | * Protein soluble | | * Carbohydrate soluble | |
| xii) | The disease Goiter affects the: | * Gums | * Liver | * Thyroid glands | * Salivary glands |
| xiii) | These nutrients are required in large quantity by the body: | * Meganutrients | * Macronutrients | * Micronutrients | * none of these |
| xiv) | Carrots and mangoes are rich sources of: | * Iron | * Vitamin K | * Fats | * Carotene |
| xv) | The protein found in egg white is: | * Albumin | * Elastin | * Myosin | * Casein |
| xvi) | The deficiency disease of iron is: | * Beri Beri | * Rickets | * Anemia | * Goiter |
| xvii) | Body weight more than the average is a sign of: | * undernutrition | * Good nutrition | * Overnutrition | * Healthy nutrition |
| xviii) | Silicone dioxide is used to make: | * Nylon | * Ceramics | * Glass | * Plastic |
| xix) | The yellow orange color in fruits and vegetables is due to the presence of: | * Carotenoids | * Anthoxanthins | * Anthocyanins | * Chylorophyll |
| xx) | This is a good conductor of heat: | * Plastic | * Iron | * Wood | * Nylon |

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