

BOARD OF INTERMEDIATE EDUCATION, KARACHI
INTERMEDIATE EXAMINATION, 2016 (ANNUAL)

Date: 04-05-2016
9:30 a.m. to 9:50 a.m.

MEAL MANAGEMENT & FOOD PRESERVATION
(Home Economics Group)

Max. Marks: 10
Time: 20 minutes

The correct answers are highlighted in red colour.

SECTION 'A'
(MULTIPLE CHOICE QUESTIONS) – (M.C.Qs.)

Code No:MM-09

Write this Code No. in the Answerscript.

NOTE:

- i) This section consists of 20 part questions and all are to be answered. Each question carries ½ mark.
- ii) Do not copy the part questions in your answerbook. Write only the answer in full against the proper number of the question and its part.
- iii) The code of your question paper is to be written in bold letters in the beginning of the answerscript.

1. Choose the correct answer for each from the given options:

- i) In menu writing, beverages should be written:
 - * in the beginning * **in the end**
 - * on the left side of main dish * on the right side of main dish
- ii) Coffee is an example of:
 - * **Stimulating beverage** * Refreshing beverage
 - * Nourishing beverage * Appetizing beverage
- iii) AI is the abbreviation of:
 - * Average intake * **Adequate intake** * Ample intake * Accurate intake
- iv) Veal is the meat from cattle:
 - * **younger than 3 months** * younger than 2 months
 - * younger than 4 months * younger than 6 months
- v) The first step, in the process of management, is:
 - * Organizing * Supervising * **Planning** * Evaluation
- vi) Another name of vinegar is:
 - * **Ethanoic acid** * Lactic acid * Citric acid * Tartaric acid
- vii) The bread for sandwich should be sliced to:
 - * **1"** * 1" * 1" * 1"
 - * 4 * 6 * 10 * 12
- viii) Bacteria, growing well between 45° C & 95° C, are:
 - * **Thermophilic** * Chryophilic * Mesophilic * Exophilic
- ix) Often, an efficient opportunity for one-stop shopping is presented by:
 - * Niche markets * Farmer markets * **Supermarkets** * Discount stores
- x) Salad, which serves as the first course in the meal, is:
 - * Accompaniment * **Appetizer** * Main course * Dessert
- xi) You should buy fresh fruits & vegetables when they are:
 - * large sized * small sized * low cost * **in season**
- xii) One ounce is equal to:
 - * 23.4gm * 25.4gm * **28.4gm** * 29.4gm
- xiii) The second critical point of HACCP for consumer is:
 - * Preparation * Cooking * **Home storage** * Handling leftovers
- xiv) The carbohydrate, found in fruits which helps to form a gel, is:
 - * **Pectin** * Fructose * Glucose * Cellulose
- xv) A diet, containing six essential constituents of Nutrients, is known as:
 - * Malnourished diet * **Balanced diet** * Undernourished diet
 - * Insufficient diet
- xvi) The collection or selection of dishes, to be served at particular meal time, is called:
 - * Diet * Meal service * **Menu** * Meal pattern
- xvii) The RDA of protein, for normal adult woman, aged 31-50 years, is:
 - * 35gm * 42gm * **46gm** * 56gm
- xviii) Kitchen, arranged lengthwise, along two walls, is called:
 - * **Galley kitchen** * U-shaped kitchen * Single wall kitchen * L-shaped kitchen
- xix) The usual materials for flatware are:
 - * Silver & Iron * Silver & Aluminum
 - * Silver & Copper * **Silver & Stainless Steel**
- xx) The endosperm in the kernel is:
 - * 65% * 75% * **85%** * 95%

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